
Non-Conventional Uses of Reiki

Posted by Somnilocus - 2007/09/07 05:17

Anything you like to do?

People who practice Reiki work on themselves and others, often on animals as well.

But Reiki is Universal Life Force Energy, and exists in all things.

Reiki is not about "healing an open physical wound" but about realigning the body's energies as well as balancing them so that our Body, Mind, and Spirit may be in a state in which it can begin the natural healing process.

As well, inanimate objects' energies can fall out of whack and working on them with Reiki may be beneficial.

I know many people like to Reiki their food/water. They say it allows them to better absorb the food's nutrients as well as better digest the food.

Others use Reiki to cleanse, charge, and program their crystals.

I have used Reiki on my eye pillow when I've had trouble sleeping.

What unique ways do you put Reiki to use? :ohmy:

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Re:Non-Conventional Uses of Reiki

Posted by Somnilocus - 2007/09/08 08:37

Actually, just thought of something that might interest some of you... my own teacher came up with this, and I thought it was a great idea. :) He puts Hon Sha Ze Sho Nen to use with crystals. As it "controls time and space," he uses it to program crystals to constantly recharge themselves. I thought it was an interesting idea, it works great for me. :)

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Re:Non-Conventional Uses of Reiki

Posted by natural_energy_visible_di - 2008/06/10 12:45

Wow the crystal thing is really interesting. I haven't tried it yet but that seems like it would work well.

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Re:Non-Conventional Uses of Reiki

Posted by reiki2 - 2008/06/11 01:10

Hi
I combine Reiki with drumming and it seems to have some really positive affects

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