
Aromatherapy

Posted by kheyanne - 2007/06/29 18:00

Can I suggest aromatherapy? I am a fan of this method of stress reduction and I like to share and discover more things about it. Thanks!

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Re:Aromatherapy

Posted by admin - 2007/06/30 05:41

Your wish is my command... I will do this now

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Re:Aromatherapy

Posted by attagirl - 2007/06/30 16:56

I think for some people this is a very good suggestion. I know that I have used this method of stress relief and it has been very good. You should give it a try.

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Re:Aromatherapy

Posted by Rohitpatel - 2007/06/30 18:37

Well great to see we have new forum "Aromatherapy" because I am new in this and I am sure I would get some good information from it.

Thanks Admin for open a forum. I wish you would also open a forum for Yoga.

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Re:Aromatherapy

Posted by hazephase - 2007/07/06 21:18

I use aromatherapy when I give a massage , I works very well and people like the smell but first I would advise that you try lavindar ,

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